# 1. Title:

Supervise Workplace Safety and Health Practices

### 2. Target Group:

Supervisor or anyone who involve in Safety and Health

# 3. Objectives

Participants will gain the required competencies to supervise workplace safety and health practices at supervisor level in their workplaces. Learners will acquire competencies in planning workplace safety and health activities, implementing safe work practices and maintaining workplace risk control measures

#### 4. Training Methodology

Classroom training with group discussion on the case studies and observe on the safety aspect at workplace.

# 5. Course Details Duration : 2 days Fee : RM 800

# 6. Training Programme Outline

#### 1) Plan workplace safety and health activities

- Responsibilities of designated personnel/committees under the OSHA Act 1994
- Safety management system
- Workplace safety policy and culture
- Communication means
- Proper use of personal protective equipment
- Impact of unsafe work condition
- Purpose of safety signs and instructions
- 2) Implement safe work practice
  - Types of work activities
  - Purpose of safe work procedures
  - Purpose of safety inspection checklist
  - Types of emergencies at workplace
  - Interpretation of safety signs and instructions
  - Types of unsafe working conditions
  - Types of unsafe work practices
  - Importance of communicate the change in the work practices
  - Types of safety issues
  - Safety issues resolution process

- 3) Maintain workplace risk control measures
  - Types of workplace hazards
  - Applications of hierarchy of risk control measures
  - Means of communicating the risk control measures
  - Importance of risk assessment